

STEP THERAPY

Most medical conditions have many medication options. Although their clinical effectiveness may be similar, prices can vary widely. The Step Therapy program gives you the treatment you need, usually at a lower cost.

HERE'S HOW IT WORKS:

With this program, you must try a Step 1 medication first, before a Step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will automatically screen the medication for step therapy requirements. If your prior pharmacy claims show you have tried a Step 1 medication in the recent past, the Step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.



We encourage you to discuss your treatment and medication options with your doctor. If you have questions about the Step Therapy program, call the toll-free ProAct Help Desk at **1-877-635-9545**.

- The list is not all-inclusive and does not guarantee coverage. Coverage is subject to change and some medications may be excluded from coverage, for the most current information or if you have questions, please visit www.proactrx.com or call the ProAct Help Desk at **1-877-635-9545**.

STEP THERAPY MEDICATIONS

If you have a prescription for any of the Step 2 medications below, you are required to first try a Step 1 medication(s) for benefit coverage.

THERAPEUTIC CATEGORY	STEP 1 MEDICATION	STEP 2 MEDICATION
5-Alpha-Reductase Inhibitor (5-ARI)	finasteride	Avodart, dutasteride, Jalyn, dutasteride/tamsulosin, Proscar
Angiotensin Receptor Blockers	<i>Any one of the following generics:</i> candesartan cilexetil, candesartan/hydrochlorothiazide, irbesartan/hydrochlorothiazide, irbesartan, amlodipine/olmesartan, olmesartan medoxomil, olmesartan/hydrochlorothiazide, losartan, valsartan, valsartan/hydrochlorothiazide, amlodipine/valsartan/hydrochlorothiazide, losartan/hydrochlorothiazide, telmisartan, telmisartan/hydrochlorothiazide, olmesartan/amlodipine/hydrochlorothiazide, telmisartan/amlodipine	Atacand, Atacand HCT, Avalide, Avapro, Azor, Benicar, Benicar HCT, Cozaar, Diovan, Diovan HCT, Edarbi, Edarbyclor, Exforge, Exforge HCT, Hyzaar, Micardis, Micardis HCT, Tribenzor, Twynsta
Antifungals	<i>Any one of the following generics:</i> itraconazole capsule, itraconazole oral solution	Tolsura
Antifungals (Topical) for Onychomycosis	<i>Anyone of the following medications:</i> Ciclofan 8% topical solution, ciclopirox 8% topical solution, ciclopirox 8% treatment kit	Ciclofan 8% Kit, CNL 8 Nail Kit, Jublia, Kerydin, Penlac, tavaborole 5% topical solution
Antilipemic Agents	<i>Anyone of the following medications:</i> fenofibrate tablets (48mg, 54mg, 145mg, 160mg), fenofibrate capsules (43mg, 67mg, 130mg, 134mg, 200mg), fenofibric acid tablets (35mg, 105mg), Lipofen	Tricor, Antara, Triglide, Fenoglide, Fibracor, Lofibra, Trilipix, fenofibrate (40mg, 120mg, 50mg, 150mg)

Therapeutic Category	Step 1 Medication	Step 2 Medication
Bisphosphonates (Oral)	<p>Anyone of the following generics: alendronate, ibandronate, risedronate, risedronate DR</p>	Atelvia DR
	Atelvia DR	Actonel, Boniva, Fosamax, Fosmax Plus D, Binosto
Cyclooxygenase-2 Inhibitors	<p>Anyone of the following generics: diclofenac potassium, diclofenac sodium (IR, ER), diclofenac/misoprostol, etodolac (IR, ER), flurbiprofen, ibuprofen, indomethacin (IR, ER), ketoprofen 50mg or 75mg tablets, ketorolac tablets, melofenamate, mefenamic acid, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin</p>	celecoxib capsules
	celecoxib capsules	Celebrex
Desmopressin Products	<p>Anyone of the following medications: desmopressin acetate tablets, Nocdurna</p>	Noctiva
Diabetes – Metformin	<p>Anyone of the following generics: metformin immediate release tablets (Glucophage generic), metformin extended release tablets (Glucophage XR generic)</p>	Fortamet, Glucophage, Glucophage XR, metformin 500mg/5ml solution, metformin ER (OSM – Fortamet generic), metformin ER (gastric – Glumetza generic), Riomet, Riomet ER
	<p>Anyone of the following medications: Fortamet, Glucophage, Glucophage XR, metformin 500mg/5ml solution, metformin ER (OSM – Fortamet generic), metformin ER (gastric – Glumetza generic), Riomet, Riomet ER</p>	Glumetza
Diabetes – Sodium Glucose Co-Transporter-2/Dipeptidyl Peptidase-4 Inhibitors	<p>Anyone of the following medications: metformin, metformin extended release, Glucophage, Glucophage XR, Glumetza, Fortamet, Riomet, Riomet ER, metformin/glyburide, metformin/glipizide, Actoplus Met, pioglitazone/metformin, Actoplus Met XR, Janumet, Janumet XR, Pradimet, regalinide/metformin, Kombiglyze XR, Jentadueto, Jentadueto XR, Kazano, alogliptan/metformin, Synjardy, Synjardy XR, Xigduo XR, Invokamet, Invokamet XR, Segluromet, Januvia, Nesina, alogliptin, Onglyza, Tradjenta, Osenia, alogliptin/pioglitazone, Farxiga, Invokana, Jardiance, Steglatro</p>	Glyxambi, Qtern, Steglujan, Trijardy XR
Diabetes – Sodium Glucose Co-Transporter-2 Inhibitors	<p>Anyone of the following medications: metformin, metformin extended release, Fortamet ER, Glucophage, Glucophage XR, Glumetza ER, Riomet, Riomet ER, glyburide/metformin, Actoplus Met XR, repaglinide/metformin, Jentadueto, Jentadueto XR, Kombiglyze XR, Janumet, Janumet XR, Kazano, alogliptan/metformin</p>	Farxiga, Jardiance, Xigduo XR, Synjardy, Synjardy XR, Segluromet, Steglatro
	Farxiga, Jardiance, Xigduo XR, Symjardy, Synjardy XR, Segluromet, Steglatro	Invokana, Invokamet, Invokamet XR

THERAPEUTIC CATEGORY	STEP 1 MEDICATION	STEP 2 MEDICATION
Diabetes – Thiazolidenedione	<i>Anyone of the following medications:</i> metformin, metformin extended release, Glucophage, Glucophage XR, Glumetza, Fortamet, Riomet, metformin/glyburide, metformin/glipizide, Janumet, Janumet XR, Jentadueto, Jentadueto XR, repaglinide/metformin, Kombiglyze XR, pioglitazone/metformin, pioglitazone, pioglitazone/glimeperide, Kazano, metformin/alogliptan, Invokamet, Invokamet XR, Synjardy, Synjardy XR, Xigduo XR, Segluromet	Actos, Avandia, Actoplus Met, Actoplus Met XR, Duetact
Disease Modifying Antirheumatic Drugs	Methotrexate Injection	Otrexup, Rasuvo, Reditrex
Gout	<i>Anyone of the following medications:</i> colchicine tablets, Mitigare capsules	colchicine capsules, Colcrys
Hydroxy-methylglutaryl-coenzyme A Reductase Inhibitors (HMG)	<i>Anyone of the following generics:</i> atorvastatin, lovastatin, pravastatin, simvastatin, fluvastatin, fluvastatin ER, rosuvastatin, atorvastatin/amlodipine, ezetimibe/simvastatin	Livalo, Flolipid, Lescol, Lescol XL, Altroprev, Pravachol, Zocor, Zypitamag, Lipitor, Roszet, simvastatin suspension, Crestor, Ezallor, Caduet, Vytorin, rosuvastatin/ezetimibe
Nasal Steroids	fluticasone propionate nasal spray	azelastine/fluticasone, Beconase AQ, Dymista, flunisolide, mometasone, Omnaris, Qnasl, Qnasl Children's, Xhance, Zetonna
NSAIDs	<i>Anyone of the following generics:</i> Cataflam, diclofenac potassium (except 25mg tablets), diclofenac sodium (IR, ER), diclofenac/misoprostol, diclofenac sodium 1.5% topical solution, etodolac, flurbiprofen, ibuprofen, indomethacin (IR, ER), ketoprofen IR (50mg, 75mg), ketorolac, meclofenamate, mefenamic acid, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin, generic prescription proton pump inhibitor & naproxen, generic prescription ibuprofen & prescription H2 antagonist (cimetidine, famotidine, nizatidine, or ranitidine)	Anaprox, Anaprox DS, Ansaid, Arthrotec, Cambia, Daypro, diclofenac epolamine 1.3% patch, diclofenac sodium 1% topical gel, Feldene, Fenoprofen, Fenortho, Flector patch, ibuprofen/famotidine, IC400 Kit, IC800 Kit, Indocin, indomethacin 20mg capsule, ketoprofen ER 200mg, ketoprofen IR 25mg, ketorolac 15.75mg nasal spray, Klofensaid II 1.5%, Licart, Lodine, meloxicam capsule (5mg, 10mg), Mobic, Nalfon, Naprelan, Naprosyn, EC-Naprosyn, naproxen 125mg/5ml suspension, Pennsaid, Ponstel Qmiz, Relafen (IR, DS), Sprix, Tivorbex, tolmetin, Vivlodex, Voltaren 1% gel, Voltaren XR, Zipsor, Zorvolex, Naproxen/Esomeprazole Magnesium, Vimovo, Duexis, Diclofenac potassium 25mg tablets, diclofenac 35mg capsule
Ophthalmic Anti-Allergics – Mast Cell Stabilizers	<i>Anyone of the following generics:</i> azelastine, epinastine, olopatadine 0.1% or 0.2%, bepotastine besylate 1.5%	Alocril, Alomide
Ophthalmic Anti-Allergics – Miscellaneous	<i>Anyone of the following generics:</i> azelastine, epinastine, olopatadine 0.1% or 0.2%, bepotastine besylate 1.5%	Alrex, Bepreve, Elestat (discontinued), Emadine (discontinued), Lastacaft, prescription Pataday (discontinued), prescription Patanol (discontinued), prescription Pazeo (discontinued), Zerviate
Ophthalmic Corticosteroids	<i>Anyone of the following generics:</i> dexamethasone sodium phosphate 0.1% solution, fluorometholone 0.1% suspension, loteprednol etabonate 0.5% suspension, prednisolone acetate 1% suspension, generic difluprednate ophthalmic	Durezol (brand only), Flarex, FML Forte, FML Liquifilm, FML SOP, Inveltys, Lotemax ointment/gel, Lotemax SM, Maxidex, Pred Mild

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Ophthalmic Non-Steroidal Anti-Inflammatory Drugs	<i>Anyone of the following generics:</i> bromfenac 0.09%, diclofenac 0.1%, flurbiprofen 0.03%, ketorolac 0.4% or 0.5%	Acular, Acular LS, Acuvail, Nevanac
Overactive Bladder Agents	<i>Anyone of the following medications:</i> darifenacin ER, Gelnique, Myrbetriq, oxybutynin, solifenacin, tolterodine (tablets, ER capsules), Toviaz, trospium (tablets, ER capsules)	Detrol, Detrol LA, Ditropan XL, Enablex, Oxytrol (prescription & OTC), Vesicare, Vesicare LS
Proton Pump Inhibitors	<i>Anyone of the following generics:</i> esomeprazole capsules, lansoprazole, omeprazole, pantoprazole tablets, rabeprazole tablets, lansoprazole ODT	Aciphex, Aciphex Sprinkle, Dexliant, dexlansoprazole, esomeprazole strontium, esomep-ezs kit, Nexium, Omeppi, pantoprazole suspension, Prevacid, Prevacid 24HR, Prevacid SoluTab, Prilosec, Protonix, rabeprazole sprinkle capsules, Zegerid, omeprazole/sodium bicarbonate, esomeprazole granules for suspension
Sedating Antihistamines (Ethanolamine Class)	<i>Anyone of the following generics:</i> carbinoxamine 4mg tablets, carbinoxamine 4mg/5ml liquid	carbinoxamine 6mg tablets, Ryvent, Karbinal
Sedative Hypnotics	<i>Anyone of the following generics:</i> eszopiclone, ramelteon, zaleplon, zolpidem	Ambien, Ambien CR, Belsomra, Dayvigo, Edluar, Intermezzo, Lunesta, Rozerem, Silenor, doxepin tablets (3mg, 6mg), Sonata, Zolpimist, Quviviq
Tetracyclies (Oral)	<i>Anyone of the following medications:</i> demeclocycline tablets, doxycycline hyclate 100mg tablets, doxycycline hyclate capsules (50mg, 100mg), doxycycline monohydrate tablets (50mg, 75mg, 100mg, 150mg), doxycycline monohydrate capsules (50mg, 100mg), minocycline capsules/tablets, tetracycline capsules, Avidoxy, Morgidox, Mondoxyne NL	Adoxa, Acticlate, Avidoxy DK Kit, Coremino ER (45mg, 90mg, 135mg), Doryx DR, Doryx MFC, doxycycline monohydrate capsules (75mg, 150mg), doxycycline hyclate tablets (50mg, 75mg, 80mg, 100mg, 150mg, 200mg), doxycycline IR, doxycycline DR 40mg capsules, minocycline ER tablets/capsules, Minocin, Minolira, Monodox, Morgidox Kit, Oracea, Seysara, Solodyn, Soloxide, Targadox, Vibramycin, Ximino
Topical Acne – Cleansers	<i>Anyone of the following generics:</i> benzoyl peroxide 10% topical wash, sodium sulfacetamide/sulfur cleansing pads, sodium sulfacetamide/sulfur topical cleanser (10%/2%, 10%/5%, 9.8%/4.8%)	Avar, Avar LS, Benzac AC, Benzac W, BenZeFoam, benzoyl peroxide 7% wash, BP 10-1 Wash, BP Cleansing Wash, Clenia Plus Suspension, Draxace, Pacnex, Pacnex HP, Pacney LP, Plexion, Rosanil, Rosula, salicylic acid/sulfacetamide (2%/8%, 5%/10%), sodium sulfacetamide/sulfur wash (9%/4.5%), Sulfacleanse, Sumadan, Sumadan XLT, Sumaxin, Sumaxin CP, Sumaxin TS
Topical Acne – Kits	<i>Anyone of the following generics:</i> adapalene, azelaic acid, benzoyl peroxide (topical acne product, cleanser), clindamycin, dapsone, sulfacetamide, sulfacetamide/sulfur (topical acne product, cleanser)	Clindacyin ETZ, Clindacin PAC, Clindavix Kit and Dynashield
Topical Acne – Topical Products	<i>Anyone of the following generics:</i> adapalene, benzoyl peroxide, clindamycin, dapsone, erythromycin, sodium sulfacetamide, sodium sulfacetamide/sulfur	<i>Brand name prescription topical acne products:</i> Amzeeq, Aklief, Azelex, or brand name topical acne products containing adapalene (e.g., Differin), benzoyl peroxide (e.g., Inova Easy Pad), dapsone (e.g., Aczone), erythromycin (e.g., Akne-mycin), sulfacetamide (e.g., Klaron), sulfacetamide/sulfur (e.g., Avar-e, Avar-e LS), clindamycin (e.g., Cleocin T, Evoclin) or combinations containing these active ingredients (e.g., Acanya, Benzamycin, Epiduo [brand], Twynéo, Ziana, Veltin), generic adapalene swabs

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Topical Agents for Atopic Dermatitis	prescription generic topical corticosteroids	Elidel, pimecrolimus, Eucrisa, Protopic, tacrolimus ointment (0.03%, 0.1%)
Topical Antibacterials	mupirocin (ointment)	Altanax, Centany, mupirocin (cream), Xepi
Topical Corticosteroids	<i>Anyone of the following generics:</i> alclometasone 0.05% ointment/cream, betamethasone dipropionate 0.05% cream/lotion/ointment, betamethasone valerate 0.1% cream/lotion/ointment, clobetasol propionate 0.05% cream/emollient cream/gel/ointment/solution/lotion, desonide 0.05% cream/ointment, fluocinolone acetonide cream/solution/ointment/topical oil, fluticasone propionate cream/lotion/ointment, halobetasol propionate cream/ointment, hydrocortisone 2% lotion, hydrocortisone 1% and 2.5% cream/lotion/ointment/solution, hydrocortisone butyrate 0.1% cream/emollient cream/ointment/solution, hydrocortisone valerate cream/ointment, mometasone furoate cream/solution/ointment, prednicarbate cream/ointment, triamcinolone acetonide cream/lotion/ointment (0.025%, 0.1%, 0.5%)	Aclovate, Ala-Scalp HP, amcinonide cream/lotion/ointment, Analpram HC cream/lotion, Anusol-HC, Apexicon E, APOP gel, Aqua Glycolic HC, Beser, betamethasone valerate 0.12% foam, Bryhali, Capex, Carmol HC, Chlooxia, clobetasol emulsion 0.05% foam, clobetasol/levocetirizine, clobetasol/niacinamide, clobetasol propionate foam/shampoo/spray, Clobetavix Kit, Clobex, clocortolone, Clodan Kit, Cloderm, Cordran, Cordran SP, Cordran tape, Cutivate, Derma-Smoother/FS Scalp Oil, Dermasorb HC, Dermasorb TA, Dermatop, desonide lotion/gel, Desonate, Desowen, desoximetasone, DesRx, diflorasone diacetate, diprolene, Diprolene AF, Duobrii, Elocon, Epifoam, fluocinolone/niacinamide, fluocinonide cream, Fluopar, Fluovix, Fluoxix Plus, flurandrenolide, halcinonide, halobetasol propionate foam, Halog, hydrocortisone butyrate 0.1% lotion, hydrocortisone/pramoxine, Impeklo, Impoyz, Kenalog Aerosol Spray, Lexette, Locoid Lipocream, Locoid, Luxiq, niacinamide/triamcinolone, Nolix, Nucort, Olux, Olux-E, Pandel, Pediaderm HC, Pediaderm TA, pramosone, Proctocort, Proctofoam-HC, Psorcon, Quinixil, Quinosone, Scalacort DK, Sernivo, Synalar, Synalar TS Kit, Tasoprol Kit, Temovate, Texacort, Topicort, Tovet, Triderm, Trictoci, triamcinolone acetonide 0.05% ointment, Triamcinolone acetonide aerosol spray, Trianex, Tridesilon, Ultravate, Ultravate X combination pack, Vanos, Verdeso, Westcort, Xilapak Kit
Topical Doxepin	prescription generic topical corticosteroids	doxepin, pradoxin, Zonalon
Topical Products for Inflammatory Rosacea	<i>Anyone of the following generics:</i> azelaic acid, ivermectin cream, metronidazole cream/gel/lotion, Rosadan cream/gel	Finacea foam/gel, MetroCream, MetroGel, MetroLotion, Noritate, Rosadan cream/gel kit, Soolantra, Zilxi
Topical Steroids (Suppositories)	<i>Anyone of the following medications:</i> hydrocortisone acetate suppository (25mg, 30mg), Anucort-HC (25mg), Hemmorex-HC (25mg, 30mg)	Anusol-HC (25mg), Proctocort (30mg)
Topical Vitamin D Analogs	Calcipotriene Cream/Ointment/Solution	Calcipotriene foam, calcipotriene/betamethasone dipropionate ointment, Dovonex, Sorilux, Taclonex, Wyzora
Vitamin B12 Products (Cyanocobalamin)	cyanocobalamin injection	Nascobal
Wakefulness-Promoting Agents	<i>Anyone of the following generics:</i> armodafinil, modafinil	Nuvigil, Provigil, Sunosi, Wakix



Your Fully Integrated
Pharmacy Benefit Manager

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