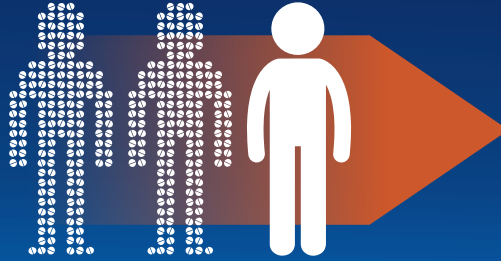


# HOW WE'RE MAKING OURSELVES SICK.

MEDICATION NON-ADHERENCE IS ONE OF THE LARGEST AND MOST EXPENSIVE DISEASES IN THE U.S.<sup>1</sup>

2 OUT OF 3

AMERICANS HAVE A PRESCRIPTION



1 OUT OF 2

DO NOT TAKE IT CORRECTLY<sup>2</sup>



## REASONS FOR NON-ADHERENCE<sup>2</sup>



INTERVENTIONS MUST BE TAILORED TO EACH PATIENT

**FINANCIAL:** Generics, lower cost pharmacies, and patient assistance programs make medication more affordable.

**BEHAVIORAL:** Pill boxes, reminders, and automatic refills combat procrastination and forgetfulness.

**CLINICAL:** Pharmacist consultations and other clinical resources help address medical concerns.

NON-ADHERENCE ACCOUNTS FOR

10% TO 25% OF HOSPITAL & NURSING HOME ADMISSIONS<sup>1</sup>

AND

125,000 PREVENTABLE DEATHS EACH YEAR<sup>2</sup>

Taking medications as prescribed **SAVES** patients on average up to **\$8,000 A YEAR.**<sup>2</sup>

Every 10% increase in adherence **REDUCES** healthcare **COSTS UP TO 29%.**<sup>2</sup>

Improving adherence **RAISES** employee productivity by **\$18,000 annually.**<sup>2</sup>